

**Blueberries and Globe Tomatoes**  
**with Summer Crisp Lettuce,**  
**Greek Yogurt & Basil**



**Ingredients:**

2 red globe tomatoes, sliced 1/4 inch thick  
1 to 2 cups summer crisp lettuce, torn, chopped or shredded  
1/2 cup of blueberries  
1/4 cup of feta cheese, crumbled or to taste  
fresh sweet basil, chopped to taste

**For the dressing:**

1 cup of yogurt  
1 tsp of extra virgin olive oil or to taste  
1 tbsp. of lemon juice or to taste  
1/2 tbsp. honey or to taste  
sea salt and cracked black pepper to taste

**Method:** In a mixing bowl whisk together the dressing ingredients well.

**To serve:** using a bright white salad or dinner plate, place 4-5 slices of tomato in a circle, single layer. Sprinkle a little lettuce around the plate. Now drizzle the yogurt dressing over tomatoes and lettuce. Sprinkle blueberries and feta cheese around the plate. Garnish with fresh sweet basil and a few drops of extra virgin olive oil.